

Short Bio

Hande Biçeroğlu Demir, born in 1985, graduated from Yeditepe University Faculty of Dentistry in 2008 with an Honors Degree, ranking third in her class. In the same year, without interruption, she began her specialty training in the Department of Orthodontics at Yeditepe University Faculty of Dentistry.

In 2012, she completed her thesis titled “Comparison of the Effect of Three Different Guided Pilot Hole Techniques on Miniscrew Stability” and earned the title of Orthodontic Specialist.

She attended the 2010 American Association of Orthodontics (AAO) Congress in Chicago. The same year, she participated in Dr. G.W. Arnett’s course on Diagnosis, Facial Planning, and Treatment of Orthognathic Surgery Cases.

In 2011, she earned a certificate by attending the INCOGNITO program in Amsterdam, and in 2012, she obtained another certificate by participating in the HARMONY program.

In 2012, she attended the ROTH WILLIAMS INTERNATIONAL SOCIETY OF ORTHODONTICS meeting in Paris. Between 2012 and 2014, she completed the 2-year ROTH-WILLIAMS Functional Occlusion and Orthodontics training (led by Dr. Domingo Martin and Dr. Renato Cocconi). That same year, she visited Dr. Renato Cocconi’s clinic in Parma, Italy, observing clinical working methods.

Also in 2012, she attended Björn Ludwig’s certification program on Innovative Concepts of Modern Anchorage in Traben-Trarbach, Germany.

In 2013, she participated in the American Association of Orthodontics (AAO) Congress in Philadelphia.

In 2014, she attended the Roth Williams Society congress in New Orleans. That same year, she observed Dr. Alberto Canabaz at his clinic in Barcelona, Spain, closely following his work. In both 2014 and 2016, she visited and observed Dr. Domingo Martin and his team at their clinic in San Sebastian, Spain. In 2014, she also took part in the INCOGNITO meeting in Rome, Italy.

In 2015, she attended the Roth Williams International Society of Orthodontics congress in Miami.

In 2016, she participated in the meeting of the FACE Group (Functional and Cosmetic Excellence) held in Madrid.

Also in 2016, she completed the Invisalign certification program under Federico Migliori and earned the authority to practice Invisalign treatments.

In April 2017, she completed the “Stability – The Key” course taught by Kazumi Ikeda in San Diego, California.

In 2019, she completed the three-module JSOP training led by Ron Roncone in Milan, Bucharest, and Pforzheim. She also attended the International Forestadent Symposium held in Malaga.

In 2023, she participated in the European Aligner Society (EAS) congress in Turin.

In 2024, she again took part in the EAS congress in Valencia.

Married to her colleague Dr. Özgür Ufuk, Dr. Hande Biçeroğlu Demir continues to share her knowledge and expertise with patients at her clinic located in Ataşehir, Istanbul.

Her clinic offers treatments including jaw joint-focused metal braces, jaw joint-focused clear aligner therapy, temporomandibular joint (TMJ) therapies, pediatric and adult orthodontic treatments, and orthognathic surgery.

Dr. Hande Biçeroğlu Demir continues her professional education without pause, regularly attending both national and international conferences and courses. She is an active member of the Turkish Orthodontic Society, American Association of Orthodontics (AAO), World Federation of Orthodontics (WFO), and the Roth Williams International Society of Orthodontics.

TMJ First Orthodontics: Fixed Appliances or Aligners?

In this presentation, the philosophy of the joint first orthodontic treatment, how we achieve and maintain stable joint position in our cases, our transformation from traditional to digital in treatment records, how we maintain the continuity and stability of orthodontic treatments in stable joint position in cases treated with fixed metal systems and aligners, our transformation from traditional to digital will be shared through cases.